

Bachelor of Arts in Psychology (B.A.)

- **ENG 101: English Composition I (3 Credits)**

The course develops the introductory level of the general Effective Communication competency through the criteria of Written Text Comprehension, Written Text Production, Oral Discourse Production, Oral Discourse Comprehension, Respectful Listening, and Interaction. Oral and written communication skills are developed, as well as active listening for effective communication.

- **ENG 102: English Composition II (3 Credits)**

This course develops the general competencies of Effective Communication and Digital Competency through the comprehension and production of written texts, oral discourses, respectful listening and interaction, and digital literacy.

- **ENG 313: Professional English for Psychology and Education (3 Credits)**

The purpose of the course is the mastery of terminology in various professional fields, with an emphasis on topics related to communication, entrepreneurship, leadership, innovation, development, among others.

- **MAT 101: Basic Mathematics (3 Credits)**

Its purpose is to develop the ability to identify, formulate, and solve mathematical problems. Equations, applications of equations and inequalities, functions and graphs, lines, parabolas and systems of equations, exponential and logarithmic functions are some of the topics included.

- **STA 201: Probability and descriptive statistics (3 Credits)**

This course develops the ability to analyze data and interpret information using the methods and techniques of descriptive statistics and probability theory related to their profession.

- **STA 212: Inferential Statistics (3 Credits)**

The purpose of this course is to apply methods and techniques of inferential statistics and forecasting to provide relevant and accurate information for decision-making. It provides the ability to investigate, design, and apply strategies for problem-solving based on the analysis and interpretation of data.

- **EVR 201: Natural Sciences / Earth and Environment Elective (3 Credits)**

This course explores the science that directly affects us daily and whose importance will likely increase over time. You will be introduced to the scientific study of our environment, as well as the technological, social, political, and economic challenges necessary to understand and critically analyze related issues.

- **HIS 201: US History since 1877 (3 Credits)**

The course will examine the social, political, and cultural history of the United States from Reconstruction to the present. The objective of studying history is to learn about the past, but also to develop skills in analysis, critical thinking, evidence interpretation, and expository writing.

- **PSY 111: General Psychology (3 Credits)**

This course socializes students with psychology as a science and profession, establishing links between psychology and the different studies within the University.

- **PSY 203: Sociocultural basis of behavior (3 Credits)**

This course deals with the anatomy, physiology, and chemistry of the brain and how these are linked to psychological processes in human behavior.

- **PSY 211: Organizational psychology (3 Credits)**

This course addresses the study of the principles, theories, techniques, and psychological methods applied in the work environment, as well as the most common problems, decision-making, productivity, and work climate, in order to provide the necessary tools to understand and guide work from different professional perspectives.

- **PSY 213: Biological basis of behavior (3 Credits)**

This course deals with the anatomy, physiology, and chemistry of the brain and how these are linked to psychological processes in human behavior.

- **CUF 101: Leadership and teamwork (3 Credits)**

This course develops capabilities that enhance the skills of individuals or groups, in addition to inspiring others on the path to follow to achieve objectives.

- **CUF 111: Organizational Digitization (3 Credits)**

The course describes and generates skills for the knowledge and use of digital platforms, helping to introduce participants to information in the digitized world.

- **PSY 101: Personal Psychological Development (3 Credits)**

This course provides tools with a humanistic approach for critical reflection, self-discovery, and the understanding of human development. It considers the development of the potentials and dispositions necessary to achieve adequate, consistent, and healthy behavior during university studies and life in general. The general contents of the course are: self-esteem, emotional skills, psychological well-being and quality of life, and professional skills.

- **CUF 201: Innovation (3 Credits)**

The course develops the competencies of Personal Development and Leadership, and Critical Thinking and Problem Solving with an Entrepreneurial Mindset, which are the demands of the 21st-century professional.

- **CUF 202: Negotiation (3 Credits)**

This course aims to develop the ability to negotiate with different types of people to reach mutually beneficial agreements. The negotiation process, the human factor, the negotiator's tools, and different ways of negotiating are studied.

- **ADM 225: Business Management (3 Credits)**

Identify and use administrative principles, costs, marketing techniques, and various tools to optimize the resources that allow for business management. This course will enable the design of business plans in different economic sectors, applying strategic tools appropriately to optimize resources.

- PSY 244: Psychology of personality (3 Credits)

This course will provide a transcendental understanding of human personality and attention to the biological, social, cultural, and individual conditions that shape it.

- PSY 303: Ethics for Psychologists (3 Credits)

This course aims to provide a space for critical reflection on the ethical and legal aspects and implications in the practice of the psychology profession from an international perspective.

- PSY 304: Cognitive Psychology (3 Credits)

This course focuses on the study and analysis of cognitive processes and their relationship with human behavior.

- PSY 313: Developmental Psychology (3 Credits)

This course addresses the different theories and positions supported by scientific evidence on human development from birth to adulthood, with an emphasis on childhood and adolescence. It also studies the forms and methods of research in this disciplinary area of psychology.

- PSY 324: History of Psychology (3 Credits)

This course illustratively covers the history of psychology from ancient Greece to its consolidation in the 20th century. It also includes a study of the different currents or schools of psychology and their main representatives.

- PSY 334: Psychopathology (3 Credits)

This course focuses on the study of the main classifications of psychopathology, as well as the different conceptual approaches for its understanding, etiology, and corresponding treatment.

- PSY 344: Psychological Interview (3 Credits)

This course allows you to gather relevant information for psychological diagnosis and evaluation through interviews. It also prepares students to write preliminary psychological reports.

- PSY 355: Psychological Tests and Measurements (3 Credits)

The relevance of the course lies in providing a complete understanding of measurement and psychometrics in the field of scientific psychology. It will also guide the basic handling of a series of psychological tests and the development of psychological tests for research and professional practice purposes.

- PSY 363: Introduction to Counseling psychology (3 Credits)

This course seeks to provide elements that facilitate the understanding of psychological counseling and its differences with psychotherapy. In addition, it familiarizes students with its objectives, theoretical approaches, and main techniques.

- PSY 364: School Psychology (3 Credits)

This course will allow a deep understanding of school psychology as a field of specialization in psychology, interested in the personal and academic development of students. It also contemplates the analysis of school situations in which educational agents such as teachers, family, and the community as a whole participate.

- PSY 415: School Counseling (3 Credits)

This course offers the conceptual and intervention tools to provide personal and academic support to students of different ages so that they can develop optimally through the formative processes.

- PSY 425: Clinical Psychology (3 Credits)

This course aims to provide the student with an understanding of clinical psychology as a field of action in psychology. For this, a review of the different perspectives, concepts, and roles of the psychologist in this field is carried out.

- PSY 446: Psychological research methods and statistics (3 Credits)

This course introduces the methodology of research, analysis, and interpretation of data in the context of experimental and non-experimental situations in the field of psychology.

- PSY 461: Cross-Cultural Psychology (3 Credits)

The course aims to develop students' competencies and interest in the field of culture and psychology. After completing the course, students will know the basic approaches of modern intercultural psychology and its application in different areas of their daily activity in multicultural environments.

- PSY 485: Social and Community Psychology (3 Credits)

This course focuses on human behavior from a social perspective and a service-learning approach for community action and research.

- PSY 494: Psychology Capstone Project (3 Credits)

To demonstrate the acquisition of one or, preferably, several of the competencies acquired throughout the program. For this, an academic project related to psychology may be carried out and, specifically, aligned with some of the subjects taught.

- PSY 405: Couples and Family Counseling (3 Credits)

This course studies the role that marital (or couple) and family problems play in the development of children and adults. It seeks to offer guidelines to evaluate the functionality or dysfunctionality of family relationships. It also offers intervention guidelines, through counseling, for the reestablishment of healthy relationships in families.

- PSY 410: Learning Psychology (3 Credits)

This course covers the scientific field that encompasses theories about the relationship between psychology and learning. Scientists have created numerous theories about learning based on different disciplines, such as behaviorism, neuroscience, cognition, and social constructivism.

- PSY 411: Positive Psychology (3 Credits)

This course covers the scientific study of human strengths, life fulfillment, and optimal functioning. Topics include well-being, happiness, optimism, resilience, positive relationships, the meaning of life, gratitude, and positive development throughout life.

- PSY 456: Health counseling (3 Credits)

This course presents the evaluation tools and intervention approaches commonly used in the Ministry of Health, as well as current trends and emerging problems in the field of Psychological Health.

- **PSY 476: Behavior Analysis (3 Credits)**

This course reviews the understanding of behavior in light of learning processes and social interaction. It focuses on the evaluation of different behaviors in the educational, social, and health fields.

- **PSY 486: Social programs design, development and evaluation (3 Credits)**

This course seeks to provide tools to understand and develop social programs in all their stages. Emphasis will be placed on understanding the logics present in the institutions, government agencies, and international cooperation agencies from which these programs are developed.